



Moving – First Night Box (Open First)

Reduce the stress of the first night in your new place. Pack a first night box that contains the essentials you'll need to get through the first night and even the first couple of days!

Tip: Consider ordering out dinner for the first few days.

Home Supplies

- Paper towels
- Hand broom and dustpan
- Dish soap
- New all-purpose cleaner
- Paper plates & cups
- Napkins
- Plasticware (knives, forks, spoons)
- All-purpose kitchen knife
- Hand soap/anti-bacterial soap
- Pad of paper & pen
- Garbage bags

Easy-make foods

- Spaghetti & sauce
- Granola bars
- Peanut butter and jelly

Personal Items

- Shampoo, conditioner, hair products you normally use
- Brush, comb, hair appliances
- Razor
- Toothbrush & toothpaste
- Contacts & Contact lens solution
- Glasses
- Deodorant
- Make-up bag
- Some jewelry, earrings
- Phone charger
- Flashlight
- Small first aid kit



- Medicines

Bedrooms

- 1 set of sheets per bed
- 1 blanket per bed
- Bed pillows
- A favorite stuffed animal or toy for children
- Nightlight
- Alarm clocks

Bathrooms

- 4 pack of toilet paper
- Towels
- Washcloth
- Inexpensive shower curtain

Each person (can use suitcases)

- Pajamas / nighties
- 2 or 3 outfits
- 2 pairs of shoes
- Socks
- 3 pairs of underwear

Children

- School books and daily supplies
- Favorite stuffed animal, toy, blanket
- Medicine
- Nightlight
- Bedtime books

Unpacking supplies

- Box cutter
- Tool kit

Pack up your first night (unpack first) boxes in your car if possible so you'll have easy access.
Label these boxes in large lettering "UNPACK FIRST" and other identifying information.